

HEALTHY AGING

MAINTAINING MOBILITY & JOINT HEALTH



Healthy aging is relevant to everyone, independent of age, gender, race and social status. Joint soreness and immobility can be incredibly frustrating as it reduces our energy and ability to carry out our daily task.

Over time and natural effects of aging, our joints, tendons, ligaments and connective tissues start to become less flexible and more susceptible to wear and tear. The tissues start to lose fluidity, therefore the joint experience more discomfort, pain, stiffness and reduction in range of motion.

Young adults who are fitness enthusiasts or “weekend warrior” and also older active consumers (aged 55 and above), typically look for supplements not just to maintain their bone and joint health, but more importantly to preserve their mobility and independence.

Different quality and purity of the ingredients will result in benefits that differ vastly from the claimed of studies. It is important to use the source of ingredients used in clinical studies, published with proven benefits and trusted for its high quality for joint functions and mobility.

Facts about methylsulfonymethane (MSM)

MSM is made of 34% sulfur, the 3rd most abundance mineral in the human body

- Modern agriculture practices greatly reduce sulfur amount in natural food
- Found in low amount in food such as corn, tomatoes and fruits
- MSM works on maintaining healthy joints, connective tissues, tendons and ligaments
- Clinical studies has shown that patients with oral supplementation of MSM (alone or in combinations), has gain the following benefits*:



Decreased joint pain



Decreased swelling



Decreased NSaid intake



Increased range of motion



Improved joint functions



Improved quality of life

*Note: Based on WOMAC and VAS standardized questionnaires to assess joint health.

What is OptiMSM®?



World Leading MSM manufacturer



Dedicated MSM manufacturing plant

30 YEARS+

Of MSM clinical studies, testing and manufacturing experience



99.9% pure and consistent product



100% bioavailable and absorption



FDA Submitted, GRAS Affirmed

This article is brought to you by Winwa Medical Sdn. Bhd. For further information, please contact us: Tel: 04-5079784 Email: info@winwamedical.com

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